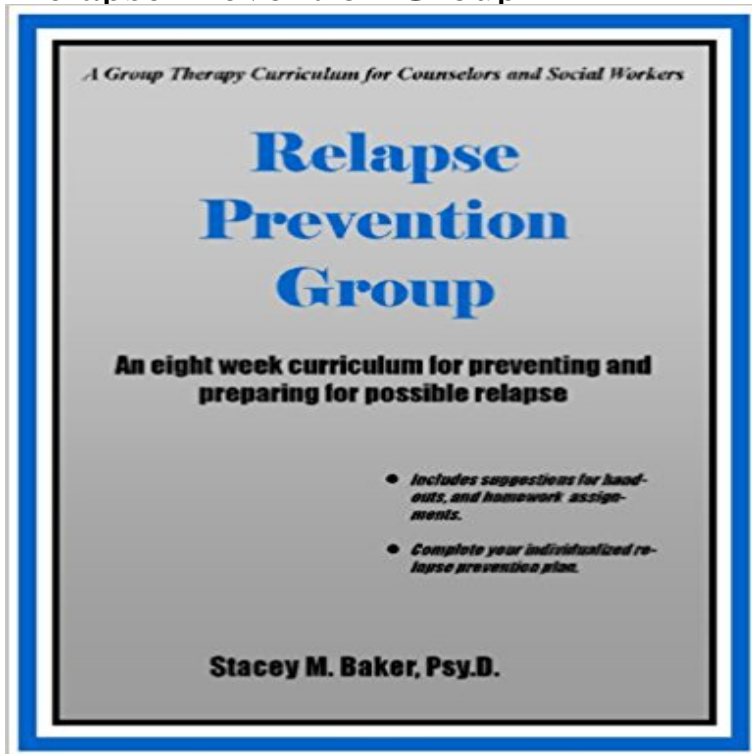


## Relapse Prevention Group



An 8-week group curriculum to support participants in preventing relapse from mental health symptoms. This curriculum will support participants in developing an individualized relapse prevention plan, as well as individual wellness toolkits.

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