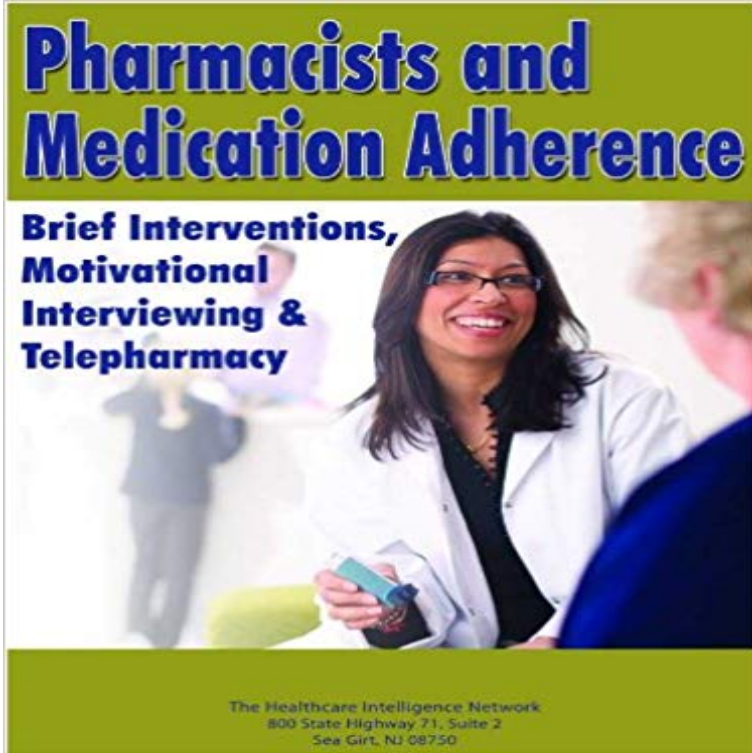


Pharmacists and Medication Adherence: Brief Interventions, Motivational Interviewing and Telepharmacy



Medication is too costly. Medication will do more harm than good. Medication is not needed. These three misconceptions are at the heart of medication non-adherence, says Janice Pringle, Ph.D., of the University of Pittsburgh School of Pharmacy. Misconceptions that pharmacists can help to clear up. Dr. Pringle, recently named one of 73 Innovations Advisors by the Centers for Medicare and Medicaid Services, is one of three contributors to *Pharmacists and Medication Adherence: Brief Interventions, Motivational Interviewing and Telepharmacy*. This 50-page resource describes a number of interventions in which pharmacists help to guide patients and health plan members to higher levels of medication adherence programs that take place in the pharmacy, in the physician practice, or virtually. It also answers more than 30 questions on the role of the pharmacist in reducing non-adherence. In the first intervention, community pharmacists apply the principles of motivational interviewing to screen customers for risk of non-adherence. Dr. Pringle outlines an innovative pilot in which Highmark, the University of Pittsburgh School of Pharmacy, and Rite Aid pharmacies train pharmacists to use motivational interviewing techniques with patients at risk of medication non-adherence. Dr. Pringle directs the program evaluation research unit (PERU) at the University of Pittsburgh School of Medicine and is an associate professor at the University of Pittsburgh School of Pharmacy. This report also explores the rationale for placing pharmacists in the patient-centered medical home. Beth Chester, PharmD, MPH, FCCP, BCPS, senior director of pharmacy clinical operations and quality for Kaiser Permanente Colorado, sketches out the roles of the physician practice staff and pharmacist in medication management, the use of tele pharmacy call centers and key

financial incentives and reimbursement strategies that can improve payoffs from medication compliance. And finally, Jan Berger, MD, chief medical officer for Silverlink Communications, Inc., offers a team-based model for medication adherence improvement in patients with diabetes that places the pharmacist squarely on the care team. Don't wait to order your organization's copy of *Pharmacists and Medication Adherence: Brief Interventions, Motivational Interviewing and Telepharmacy* and begin reducing healthcare utilization costs associated with medication non-compliance.

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