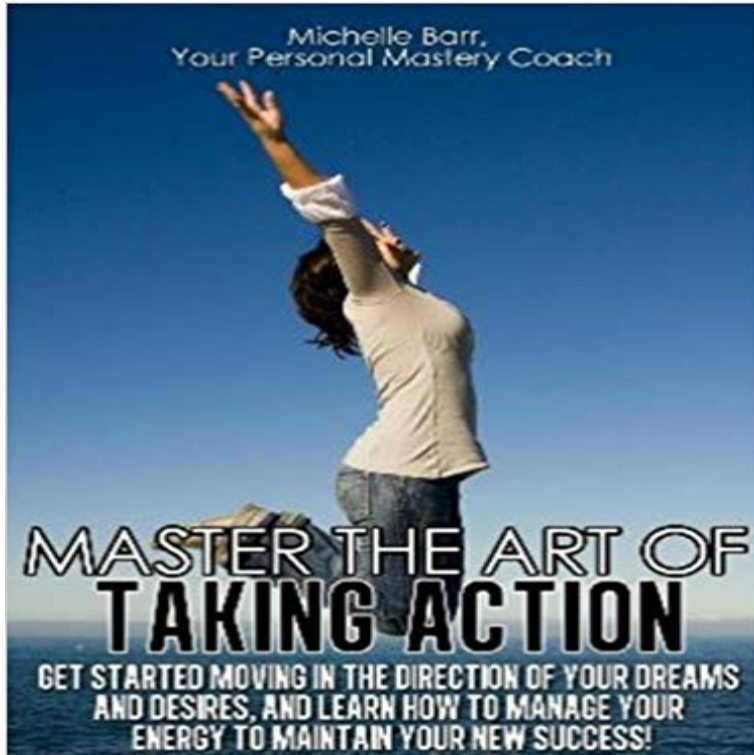


# Master the Art of Taking Action: Get Started Moving In the Direction Of Your Dreams and Desires



Master the Art of Taking Action: Get Started Moving In the Direction Of Your Dreams and Desires by Michelle Barr, Your Personal Mastery Coach In this E-Book, I take you through the same teachings and energetic processes I use with my clients and students to help them master the art of taking action from an empowered and intuitive place. I share with you: 3 Steps to moving forward in any area of your life My 4-Step M.O.V.E. Process 3 States of Being integral to the process of creating lasting change Tools for clearing and healing and creating positive shift An Energy Activation that's going to get some things moving for you now Ways to determine and work with your next steps Resources for moving forward

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your goal Just keep on learning, take action, move forward and adapt your plan as you go. **Michelle Barr LinkedIn**  
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