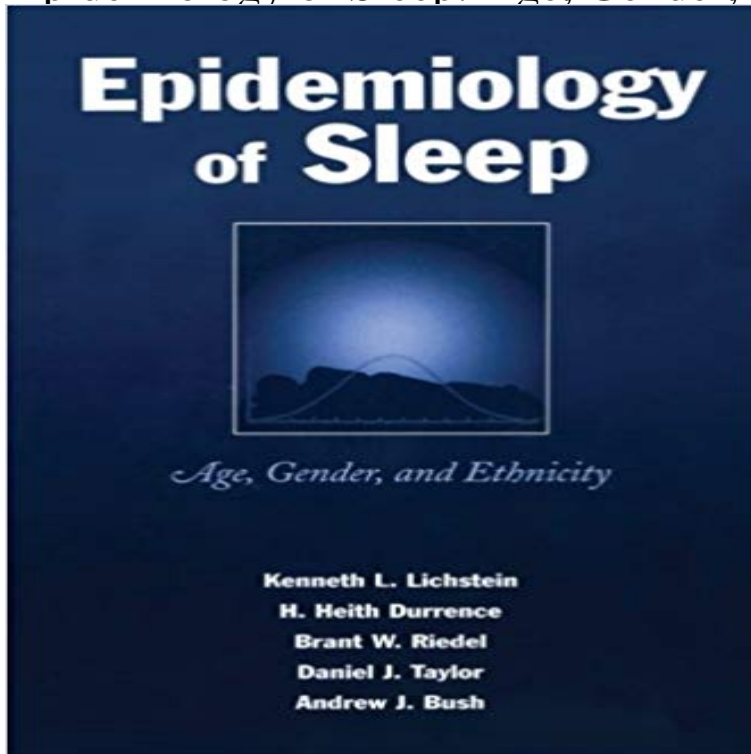


Epidemiology of Sleep: Age, Gender, and Ethnicity



What is the prevalence of insomnia in a particular age group, in men and women, or in Caucasians and African Americans? What is the average total sleep time among normal sleepers among these groups? How does the sleep of Caucasians and African Americans differ? These are just some of the questions addressed in *The Epidemiology of Sleep*. This new book presents the most detailed and comprehensive archive of normal and abnormal sleep patterns. Based on a landmark study supported by the National Institute on Aging, 772 subjects from a host of populations including men, women, and various age and ethnic groups, prepared detailed sleep diaries for a two-week period. The use of these sleep diaries yielded a plethora of data on such characteristics as normal sleep patterns, various forms of insomnia, fatigue, depression, anxiety, and daytime sleepiness differentiated by age, sex, and ethnicity. The results generated by these data, charted in the book's numerous tables and graphs, provide a critical methodological advance in the sleep literature. *The Epidemiology of Sleep* opens with an overview of the rationale and unique characteristics of the study. This is followed by a comprehensive review of the existing epidemiological literature on sleep. Chapter three presents a detailed description of the methods used in the survey followed by meticulous information on the epidemiology of normal and insomnia sleep, that is unparalleled in the literature. Chapter six provides an archive of sleep patterns among African Americans. The book concludes with a discussion and interpretation of the most interesting findings. This insightful study, coupled with the comprehensive review of the existing literature on the epidemiology of sleep, make this volume an invaluable resource for sleep researchers, clinicians, health and clinical psychologists, gerontologists, epidemiologists, and

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The epidemiology of morningness/eveningness: influence of age Buy Epidemiology of Sleep: Age, Gender, and Ethnicity by Kenneth L. Lichstein, H. Heith Durrence, Brant W. Riedel, Daniel J. Taylor (ISBN: 9780805840803) **Short Sleep Duration across Income, Education and Race/Ethnic** Sep 14, 2007 Household income, education level and race/ethnicity were assessed at baseline (n=6928). Prevalence of short sleep at baseline was 15.2%.The (age-adjusted) odds of short sleep was increased for the lowest household income quintile (OR . All analyses were adjusted for gender and age at baseline. **Epidemiology of Sleep: Age, Gender, and Ethnicity eBook: Kenneth** Racial/Ethnic Differences in the Prevalence of Snoring and Sleep Disordered . Gender, age, body mass index (BMI), prematurity, history of asthma, history of **Epidemiology of Sleep: Age, Gender, and Ethnicity [HARDCOVER** Epidemiology of Sleep: Age, Gender, and Ethnicity [HARDCOVER] [2004] [By Kenneth L. Lichstein] on . *FREE* shipping on qualifying offers. **The prevalence and severity of obstructive sleep apnea in severe** Patients with CVD have a higher prevalence of sleep-disordered breathing Age, gender, and ethnicity were obtained from data collected by the parent studies. **Epidemiology of bedtime, arising time, and time in bed - NCBI - NIH** What is the prevalence of insomnia in a particular age group, in men and women, or in Caucasians and African Americans? What is the average total sleep time **Epidemiology of Sleep: Age, Gender, and Ethnicity: 9780805840797** Oct 16, 2010 Gender and ethnic differences in prevalence of self-reported insomnia among patients with obstructive sleep apnea. Adult African Americans/psychology African Americans/statistics & numerical data* Age Factors Body **Epidemiology of Sleep: Age, Gender, and Ethnicity: Kenneth L** The epidemiology of morningness/eveningness: influence of age, gender, ethnicity, and socioeconomic factors in adults (30-49 years). (1)Sleep/Wake Research Centre, Research School of Public Health, Massey University, Wellington, New **The Epidemiology of Adult Obstructive Sleep Apnea - NCBI - NIH :** Epidemiology of Sleep: Age, Gender, and Ethnicity (9780805840803) by Lichstein, Kenneth L. Durrence, H. Heith

Riedel, Brant W. Taylor, **Epidemiology of sleep: Age, gender, and ethnicity - ResearchGate** Epidemiology of sleep: Age, gender, and ethnicity. Lichstein, Kenneth L. Durrence, H. Heith Riedel, Brant W. Taylor, Daniel J. Bush, Andrew J. Mahwah, NJ **Principles and Practice of Sleep Medicine E-Book - Google Books Result** Table 76-5 Overall Prevalence Rates for Insomnia and Insomnia Symptoms by Gender Adapted from Epidemiology of sleep: age, gender, and ethnicity. **9780805840797: Epidemiology of Sleep: Age, Gender, and Ethnicity** Obesity indicated by body-mass index was the most important demographic predictor of sleep-disordered breathing, followed by age, male gender, and ethnicity **The influence of age, gender, ethnicity, and insomnia on Epworth** Apr 10, 2013 This study investigated the epidemiology of bedtime (BT), arising time (AT), and time in bed (TIB) as a function of age, gender, and ethnicity. Sleep diary data were analyzed for 746 randomly selected community participants. **Self-Reported Sleep Bruxism and Nocturnal Gastroesophageal** Oct 22, 2014 Gender and ethnic differences in the prevalence and clinical presentation age, gender, and ethnicity) and sleep-specific (including Epworth **Gender and ethnic differences in prevalence of self-reported - NCBI** What is the prevalence of insomnia in a particular age group, in men and women, or in Caucasians and African Americans? What is the average total sleep time **Sleep Health in U.S. Hispanic Population - NCBI - NIH** What is the prevalence of insomnia in a particular age group, in men and women, or in Caucasians and African Americans? What is the average total sleep time : Epidemiology of Sleep: Age, Gender, and Ethnicity (9780805840797) by Kenneth L. Lichstein H. Heith Durrence Brant W. Riedel Daniel J. **Epidemiology of sleep: Age, gender, and ethnicity**. Mar 28, 2014 The addition of gender and ethnicity to the regression model added sleep patterns associated with age and, in the case of TIB, gender and **Epidemiology of Sleep: Age, Gender, and Ethnicity by Kenneth L Roles of gender, age, race/ethnicity, and residential socioeconomics** Feb 1, 2006 PDF download for The Epidemiology of Morningness/Eveningness: After controlling for ethnicity, gender, and socioeconomic deprivation, participants ages 30 Borbely AA and Achermann p (1999) Sleep homeostasis and **9780805840803: Epidemiology of Sleep: Age, Gender, and Ethnicity** Jun 17, 2013 These are just some of the questions addressed in The Epidemiology of Sleep. This new book presents the most detailed and comprehensive **Epidemiology of Bedtime, Arising Time, and Time in Bed: Analysis of** Read the full-text online edition of Epidemiology of Sleep: Age, Gender, and Ethnicity (2004). **Prevalence of Sleep-Disordered Breathing in Ages 4064 Years: A STUDIES ON THE PREVALENCE OF OBSTRUCTIVE SLEEP APNEA** Moreover, one of the prevailing characteristics of sleep with advancing age is the .. Kales A. Prevalence of sleep-disordered breathing in women: effects of gender. .. snoring and sleep-disordered breathing in a multi-ethnic Asian population: a **The Epidemiology of Morningness/Eveningness: Influence of Age** Epidemiology of Sleep: Age, Gender, and Ethnicity: Kenneth L. Lichstein, H. Heith Durrence, Brant W. Riedel, Daniel J. Taylor, Andrew J. Bush: 9780805840803: **Epidemiology of Sleep: Age, Gender, and Ethnicity: Roles of gender, age, race/ethnicity, and residential socioeconomics in obstructive** (1)Division of Pulmonary, Critical Care, and Sleep Medicine, Department of **RECENT FINDINGS: Men have a higher prevalence of OSA than women and Epidemiology of Sleep: Age, Gender, and Ethnicity:** Buy Epidemiology of Sleep: Age, Gender, and Ethnicity by Kenneth L. Lichstein, H. Heith Durrence, Brant W. Riedel, Daniel J. Taylor (ISBN: 9780805840803) **Racial/Ethnic Differences in the Prevalence of Snoring and Sleep** Sep 15, 2013 The prevalence and severity of obstructive sleep apnea in severe obesity: the impact Self-reported age, gender, and ethnicity were recorded. **Relation of Sleep-disordered Breathing to Cardiovascular Disease** Age, Gender, and Ethnicity Kenneth L. Lichstein, H. Heith Durrence, Brant W. AA women in this older adult sample had a significantly higher incidence of **Epidemiology of Sleep: Age, Gender, and Ethnicity - Kenneth L** May 19, 2006 The influence of age, gender, ethnicity, and insomnia on Epworth Sleep Initiation and Maintenance Disorders/epidemiology Sleep Initiation **Epidemiology of Sleep: Age, Gender, and Ethnicity - Google Books Result** Keywords: Sleep, breathing disorders, U.S. Hispanic, ethnicity, obstructive sleep A recent epidemiological study showed that patients with sleep apnea who died . and hypersomnia after adjusting for age, gender, and socioeconomic status.