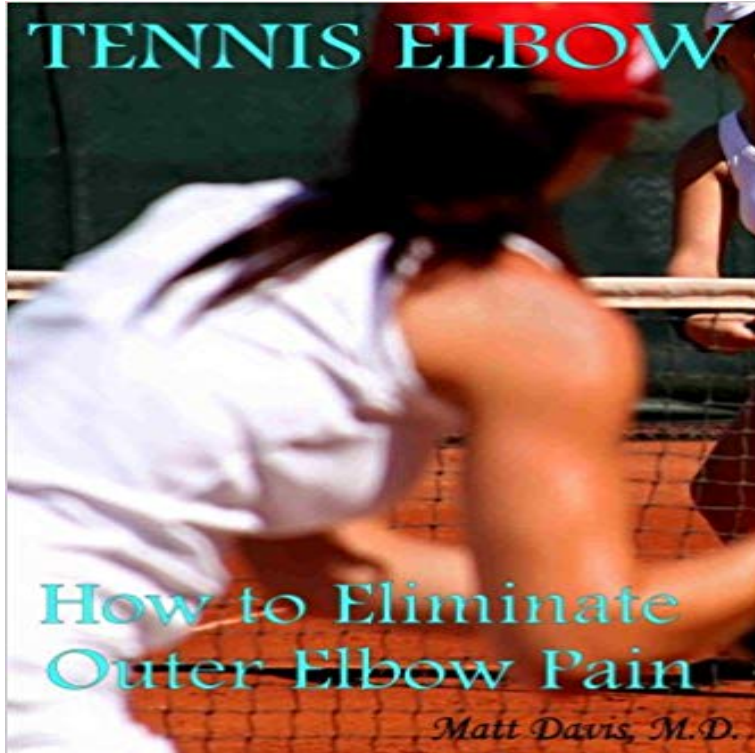


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Tennis elbow is a common, painful condition that creates pain in the outer portion of the elbow. This pain is often aggravated by certain movements or positions. The treatment of this condition is straightforward once you understand how the problem develops and understand the simple things you can do on your own to eliminate the pain.

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